



Getting Started With Your Kaplan NCLEX-RN Prep

Welcome to Kaplan NCLEX Prep! This is the recommended study plan for utilizing the robust Kaplan NCLEX Prep resources. These resources are designed to give you plenty of realistic practice for success on NCLEX Test Day. As you begin your preparation, please keep in mind that preparing for the NCLEX is a marathon, not a sprint! It is important to not rush your studies, but also not to procrastinate.

While you are utilizing the Kaplan NCLEX Prep resources, it is important that you follow these steps: analyze, review/remediate, think, study, and then continue practicing. Remediation is the key to your NCLEX success.

Phase 1: Prior to Your Kaplan NCLEX Review Course

Complete the following resources on your student homepage.

***Please note: Directions in italics apply only to Institutional students that are enrolled in the Kaplan Institutional program via their school and access their NCLEX resources via their Kaplan Institutional homepage.*

Date
Completed

	Download the NCLEX-RN Content Review Guide E-book . It can be downloaded to any computer or E-reader device.
	Watch the Strategy Seminar Video.
	Watch the Test Taking Workshop Video.
	Take the NCLEX Diagnostic Test . <i>** If you are a Kaplan Institutional student, this will either be proctored by your school, or you will receive at-home testing instructions approximately 7-10 days prior to your NCLEX class start. This resource will be located in the Green Integrated Testing box (all other NCLEX resources are in the Gray NCLEX Prep box.) Your school may also choose to replace this test with a proctored Kaplan Secured Predictor exam.</i>
	Take Question Trainer 1 . Review/remediate before progressing to Question Trainer 2, and follow the steps listed below.
	Take Question Trainer 2 . Review/remediate before progressing to Question Trainer 3, and follow the steps listed below.
	Take Question Trainer 3 . Review/remediate and follow the steps listed below.
	Watch the Online Content Lectures/Review of Content Videos.
	Download the Classroom Posters . These will be referenced in the Review Course.

As you are completing tests, look at your **Analysis** page to see how you performed on the test. Aim for scores of 65% or higher (*Institutional students: your school may require higher.*) Use the test analysis to identify your lowest client need categories. Ask yourself the following, and think about how you are thinking:

1. Did I change any answers? Which way? Right to wrong, or wrong to right?
2. Did I take enough time on each question or did I take too much time on each question?
3. Did I lose concentration, and if so, is there a pattern? Did I need to take a break?

Review/remediate all questions. Ask yourself the following:

1. Did I not know the content of the question?
2. For questions I got wrong, why did the author of this question choose one answer, and I chose another?

Use the **Online Content Lectures/Review of Content** Videos and your **NCLEX-RN Content Review Guide E-book** to fill in any knowledge gaps, working from your content need area of greatest weakness toward your area of greatest strength.

Phase 2: Attend Your Kaplan NCLEX Review Course

Kaplan’s review course consists of 7 – three hour sessions led by one of our expert nurse educators. Your review will concentrate on helping you answer passing level NCLEX questions utilizing your clinical judgment skills in order to ensure success on test day. While the structure of the lectures is not content focused, you will receive high-yield content tips while reviewing NCLEX style questions in class.

Orientation/Class Start/Decision Tree
Pharmacology/Reduction of Risk
Reduction of Risk/Physiological Adaptation
Physiological Adaptation/Basic Care & Comfort/Management of Care
Management of Care/Safety and Infection Control
Safety and Infection Control/HPM/Psychosocial
Readiness Test
<i>** Institutional students will either be proctored by your school faculty or take this test at home, per school discretion.</i>
Review of the Readiness Test/Roadmap for Future Study

Phase 3: After Attending the Kaplan NCLEX Review Course

Date
Completed

	Take Question Trainer 4 . Review/remediate Question Trainer 4 before progressing to Question Trainer 5, and follow the previous steps as well as the steps below.
	Take Question Trainer 5 . Review/remediate Question Trainer 5 before progressing to Question Trainer 6, and follow the previous steps as well as the steps below.
	Take Question Trainer 6 . Review/remediate Question Trainer 6 and follow the previous steps as well as the steps below.
	Qbank – Take two 75 question Qbank tests each day (max 150) and review/remediate, following the previous steps and the steps below.
	Take Qbank Sample Tests 1-4 . (Space these out in Phase 3 between other tests.) Sample Test #4 contains all “alternate response” questions. Sample Test #3 contains all “priority” questions. (These question types are also mixed throughout the other resources.)
	Question Trainer 7 – Take this test approximately 1 week prior to your NCLEX Test day. Set aside time to take the test in one sitting, and treat it as a mock NCLEX. It is 265 questions (max questions allowed on NCLEX) and can take several hours to complete. Take the test in a quiet, controlled, distraction-free environment to simulate test day.

Continue to look at your **Analysis** page to see how you performed on each of these tests and **continue to review/remediate all** questions. For Question Trainers 4 and 5, aim for scores of 65% or higher. For Question Trainers 6, 7, and the Qbank, aim for scores of 60% or higher (*Institutional students: your school may require higher on any of these resources.*) Ask yourself the same questions as before, as well as:

1. Did I use the Decision Tree?
2. Am I seeing improvement as I progress from test to test?
3. Am I thinking about how I am thinking?
4. Did I take a break at the best time for me?

Continue to use the **Online Content Lectures/Review of Content** Videos and your **NCLEX-RN Content Review Guide E-book** to fill in any knowledge gaps, working from your content need area of greatest weakness toward your area of greatest strength.

You should complete all Question Trainers, Qbank questions, and review/remediate all questions before you take the NCLEX. The day before your test, rest your mind and exercise your body. You are embarking upon the final step towards beginning your exciting new career as a nurse!

Additional Resources

The **Orientation, Decision Tree**, and **Review Class Questions/Review of Questions** videos revisit information covered in the Review Course. Additional guidance on formulating your study plan leading up to your NCLEX Test Date can be found in Chapter 2 of the **NCLEX-RN Content Review Guide E-book**. You can also email NCLEX-Expert@kaplan.com for NCLEX or content specific questions, or for additional prep advice/guidance.